

I. HEALTH BENEFITS:

No.	Benefits and Strategies to be Evaluated:	BENEFITS			IMPLEMENTATION		
		NA	Yes	No	Priority	Responsible Person	Due Date
1.	100% paid health insurance						
2.	90% (= or >) paid health insurance						
3.	75% (= or >) paid health insurance						
4.	50% (= or >) paid health insurance						
5.	Pre-tax Medical Spending Account						
6.	Paid sick days						
7.	100% paid dental insurance						
8.	75% (= or >) paid dental insurance						
9.	50% (= or >) paid dental insurance						
10.	100% paid eye care						
11.	75% (= or >) paid eye care						
12.	50% (= or >) paid eye care						
13.	Alternative medicine coverage						
14.	Prescription drug plan						
15.	100% paid disability – long term						
16.	75% (= or >) paid disability – long term						
17.	50% (= or >) paid disability – long term						
18.	100% paid disability – short term						
19.	75% (= or >) paid disability – short term						
20.	50% (= or >) paid disability – short term						
21.	Fully paid life insurance						
22.	Partially paid life insurance						
23.	Life insurance on spouse						
24.	Domestic partner benefits						
25.	Business travel insurance						
26.	Full benefits for part-time employees						
27.	Partial benefits for part-time employees						
28.	Maternity/paternity leave						
29.	Infertility care assistance						
30.	Substance abuse care plan						
31.	Mental health care plan						
32.	Annual health fair day						
33.	Skin cancer checks						
34.	Chiropractic screening						
35.	Blood pressure checks						
36.	Cholesterol checks						
37.	Flu shots						
38.	Non-smoking assistance						
39.	Smoke-free work environment						
40.	Weight loss assistance						

I. Health benefits continued ...

No.	Benefits and Strategies to be Evaluated:	BENEFITS			IMPLEMENTATION		
		NA	Yes	No	Priority	Responsible Person	Due Date
41.	Massage therapist visits						
42.	Massage chair on-site						
43.	First aid/CPR certification classes						
44.	Automated External Defibrillator certification classes						
45.	Seminar on how employees can maximize their health care benefits						
46.	Nutrition seminars						
47.	Stress Management seminar						
48.	Safety seminars/committee						
49.	Health club on-site						
50.	Health club membership assistance						
51.	Fitness room/shower facilities						
52.	Fitness trainer						
53.	Exercise classes on-site						
54.	Yoga classes						
55.	On-site walking or running trails						
56.	Lunch walking groups						
57.	On-site wellness seminars						
58.	Paid off-site wellness classes						
59.	Wellness newsletters						

IV. CHILD CARE BENEFITS:

No.	Benefits and Strategies to be Evaluated:	BENEFITS		
		NA	Yes	No
1.	Child care on-site			
2.	Child care referral assistance			
3.	Child care financial assistance			
4.	Back-up child care assistance			
5.	Lactation room on-site			
6.	Play/activity area for children			
7.	Parenting classes			
8.	Summer camp program			
9.	Part time summer jobs for employee's children			
10.	Scholarship program			
11.	Adoption assistance			

IMPLEMENTATION		
Priority	Responsible Person	Due Date

V. ELDER CARE BENEFITS:

No.	Benefits and Strategies to be Evaluated:	BENEFITS		
		NA	Yes	No
1.	100% paid Long Term Care policy			
2.	Partially paid Long Term Care policy			
3.	Paid elder care days			
4.	Eldercare resource referral			
5.	AARP discount membership			
6.	Retirement planning assistance			
7.	Legal assistance for estate planning			
8.	Continuation of health and dental benefits after retirement			
9.	Hospice care insurance coverage			

IMPLEMENTATION		
Priority	Responsible Person	Due Date